

## Who Are We?

We are a community service for 0-18 year olds in Cardiff and the Vale of Glamorgan.

We are based at St David's Hospital Children's Centre and Llandough Hospital Children's Centre.

In our service are Paediatricians, Occupational Therapists, Nurse Specialists, Clinical Psychologists, Speech and Language Therapists, Child and Adolescent Psychiatrists, Pharmacists, and Administrators.

## Neurodevelopment Means Brain Development

There are many different ways brain development can be affected. Examples of things this can have an impact on are learning, memory, interacting with others, friendships, managing emotions, social communication, sensory, attention and concentration.

## The Assessment Process

Every child is unique so the process may be different and based around the information shared about your child's strength and difficulties.



Gwasanaeth Niwroddatblygiadol  
Neurodevelopmental Service

Provides a specialist diagnostic assessment for children and young people with neurodevelopmental disorders.

### Contact Form:

<https://cavyoungneurodevelopment.wales/contact/>

Website:



[cavyoungneurodevelopment.wales](https://cavyoungneurodevelopment.wales)

## Who Do We See?

Children who may have Autism Spectrum Disorder (ASD) and/or Attention Deficit Hyperactivity Disorder (ADHD).

Around 50% of the children we assess receive a diagnosis of ASD or ADHD, 50% have other identified needs that could be understood and supported by other services.

## What Do We Do?

- Work with you and your child to understand their strengths and difficulties.
- Diagnostic Assessments.

## The Referral Pathway

1. Referral sent to single point of access (SPOA).
2. The referral will be reviewed and triaged by a clinical member of the SPOA team to determine whether we are the right service to support your child's needs. If referral is accepted you will be added to the neurodevelopmental waiting list.
3. You and the referrer will be notified by a letter of the outcome of the triage process.
4. You will be invited to your child's first appointment with one of the neurodevelopmental clinical team.

## How To Prepare for Your First Appointment



It can feel scary coming to the hospital. Preparing your child will help them to know what to expect and feel less worried.

Useful things to tell them:

The clinician will want to get to know you, find out about the things you are good at and like and the things you struggle with.

They might ask you about school, friendships and emotions.

The clinician may listen to your heart and check your weight and height and ask about your health.

## How is the Decision Made?

Information is collected from questionnaires, parent interviews, observations of your child & specific assessments.

Our team of clinicians will discuss the information that has been gathered as part of the assessment process to try and understand what might be influencing your child's difficulties.

## What Happens Next?

Your child or young person may or may not receive an ASD or ADHD diagnosis, but we will hope to help you understand their needs.

Once the assessment is complete, there may not be a further role for us, however, we will signpost you to the right team or service to support your child or young person where appropriate.

Having had an assessment, if there are no further medical needs, children and young people may be discharged from the service.

## Who Else Can Help?



03000 133133



The Vale of Glamorgan

Families First Advice line – 0800 0327322

## Your First Appointment



For your first appointment you and your child will be seen together face to face or via video – if you don't want to talk about difficult things in front of your child, please bring someone with you to watch your child for part of the appointment.

Or, we may ask you to attend the appointment on your own to gather further information around your child's strengths and difficulties and what has influenced your child's development.

## What is a Diagnosis?

A diagnosis is a process of identifying a condition from its presentation.

There is no simple test which helps us identify what might be causing a child or young person's difficulties

Our assessments are based on careful clinical judgement.

A diagnosis will not change someone or change their behaviour, but it may help you to understand them better and support them in the right way.